

REGISTER NOW!

NEWHOUSE RETREAT: RECHARGING HEALERS



newhouse

Taking Care of the People Who Take Care of People

Monday, March 3, 2024

8:00 a.m. Check-in

8:30 - 4:30 p.m. Retreat

4:30 p.m. Networking Happy Hour

Ewing Marion Kauffman Foundation

4801 Rockhill Road, Kansas City, MO 64110

Healers of all kinds are invited! Attendance is **FREE** for the first 200 social workers, mental health professionals, first responders, or teachers.



Dr. Wendy Talley, LCSW, is an internationally recognized corporate wellness expert, onsite movie counselor for Sony Pictures Entertainment, author, and 2024 Presidential Lifetime Achievement Award Recipient.

Helping others is deeply rewarding, but it can also be emotionally and physically exhausting for those providing care. As a 24/7 domestic violence shelter, our team at Newhouse witnesses firsthand the toll it takes to pour your heart into helping others heal from trauma.

That's why we're hosting a **FREE Newhouse Retreat: Recharging Healers**—a unique opportunity for **YOU, the caregivers, to TAKE CARE OF YOU!**

This isn't about training or learning a new modality; it's about renewal, restoration, and rejuvenation. Together, we'll refuel your spirit and build connections with others who share your passion for serving the community.

Attendees will:

- ▶ Hear from dynamic speakers
- ▶ Engage in interactive break-out sessions
- ▶ Experience healing, creativity, movement, and investing in **YOUR** personal and professional development

REGISTER NOW FOR FREE!

Sign up today at newhousekc.org/retreat.

This retreat is valued at \$250 per person but you're invited to join at no cost. Only 200 spots are available. Questions? Email ashleyh@newhousekc.org.

CEUs credits available for participation.

Newhouse is Kansas City's oldest domestic violence shelter, serving children and adults facing abuse with safety, therapy, legal support, childcare, and more.

