2025

ANNUAL REPORT

newhouse

Dear Advocate,

Every day at Newhouse, we have the privilege of witnessing something extraordinary.

Children begin to laugh again. Parents rediscover their confidence. Families who once wondered if they would survive begin planning for careers, homeownership, and futures not overshadowed by fear.

Those moments never become ordinary. For me, they are deeply personal.

As a childhood survivor of domestic violence, I understand that abuse doesn't end when the violence stops. Its impact can echo through generations. When I look at the families who walk through our doors, I see pieces of myself in them. But what I hope most is that they can see themselves in me… a reminder that healing is possible, cycles can be broken, and the chapters ahead can be the best yet.

This year, I celebrated six years at Newhouse, and it has truly been the greatest privilege of my career. Over the last six years, and together with our staff, Board, volunteers, donors, and community partners, we have:

- Increased the number of survivors served from 320 to more than 850 annually
- Expanded our capacity from 80 beds to 104 beds
- Grown Newhouse from a $2 million organization to more than $6 million
- Renovated our shelter to create a safer, more dignified environment
- Expanded services that support long-term healing, stability, and economic independence

What makes me most proud is not simply how much we've grown, but that we are a catalyst for systems change. Emergency shelter will always save lives, but we know we can't shelter our way out of violence. By strengthening pathways to healing, economic mobility, and independence, we're helping build a community where violence is prevented before it begins.

As you read this report, I hope you see more than accomplishments. I hope you see the lives behind them. Every statistic represents a child, a parent, or a family whose story changed because this community chose to stand beside them.

Thank you for believing in our mission. Together, we're transforming lives and building a stronger, safer future for generations to come.

Gratefully,

Courtney Thomas
she/her/hers

President + CEO, Newhouse

ABOUT DOMESTIC VIOLENCE

Domestic violence can be physical abuse, sexual assault, emotional or mental abuse, financial control, isolation, intimidation, or at worst—a fatality.

The cycle of abuse

1 IN 15 CHILDREN are exposed to intimate partner violence each year, and **90%** witness it firsthand.[1]

WHEN A CHILD WITNESSES DOMESTIC VIOLENCE...

A boy is **10X** more likely to abuse as an adult.

A girl is **6X** more likely to be sexually abused.[2]

HOW ABUSE BECOMES INTERGENERATIONAL

More common than you think

MORE THAN 1 IN 3 WOMEN AND 1 IN 6 MEN

have experienced sexual violence, physical violence, and/or stalking by an intimate partner.[3]

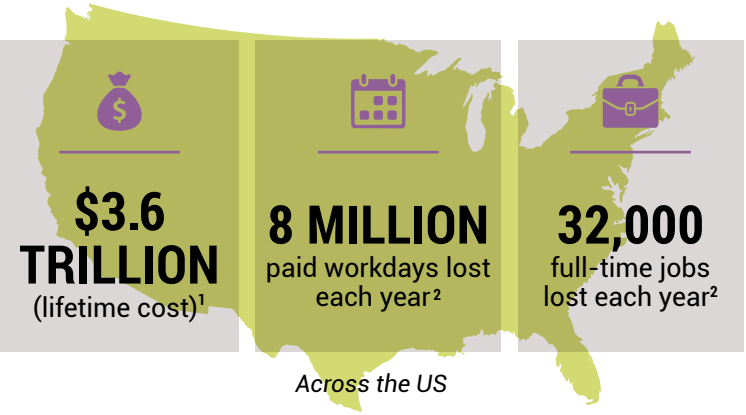
At its core, domestic violence is about power and control. Survivors often face unimaginable barriers, and leaving is ***never*** as simple as walking out the door.

Domestic violence is not just a personal crisis—**it's a community health crisis that affects us all.** It doesn't discriminate based on age, income, zip code, culture, or background. It thrives in silence, in fear, and in the shadows. But when we shine a light on it, talk about it, and take action, we create hope.

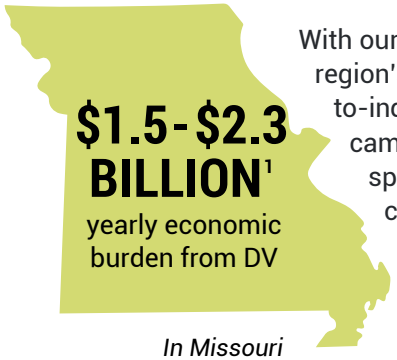
[1] *National Coalition Against Domestic Violence* [2] *US Dept. of Health & Human Services* [3] *US Centers for Disease Control and Prevention*

DOMESTIC VIOLENCE AFFECTS US ALL

The cost of domestic violence



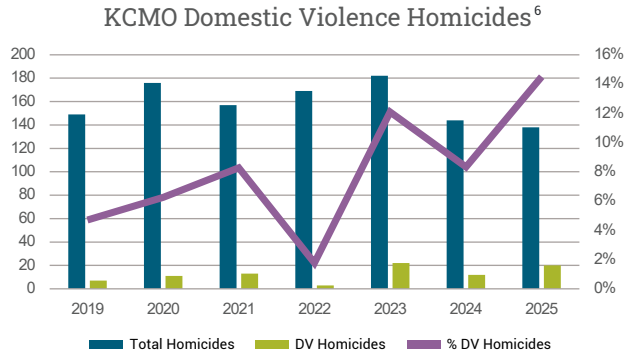
Across the US



In Missouri

With our vision for the region's first prevention-to-independence campus, every $1 spent on prevention can save $5-8 in taxpayer and public system costs.

Our community's public health crisis



In 2025, KC experienced its highest percentage of domestic homicides in the last decade.

Missouri ranks **8TH IN THE NATION** for violent crime, with 462 violent crimes per 100,000 people—significantly higher than the national average of 359 per 100,000.[3]

Missouri ranks in the **TOP 10 DEADLIEST** states for women to be killed by their abusers.[4]

KC RANKS #1 in the state for the volume of domestic violence calls received.[5]

An unprecedented need

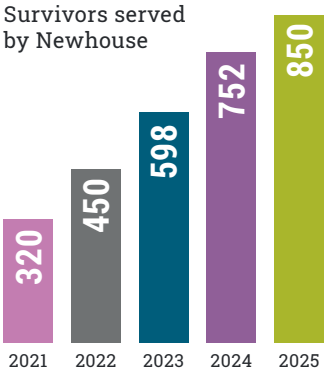
In 2025, the KC region had

27,142 UNMET REQUESTS

for shelter from survivors of domestic violence, and only 1,011 individuals received shelter.[7]

In 2025, Newhouse served 850 adults and children—the highest in our history and a 166% increase since 2021.

Growth in survivors served reflects urgent community need. Demand for safety continues to outpace available shelter beds across the region.



[1] *US Centers for Disease Control and Prevention* [2] *Center for Domestic Peace* [3] *USAFacts.org* [4] *WorldPopulationReview.com*
[5] *Jackson County Prosecutor* [6] *Kansas City Police Department* [7] *Missouri Coalition Against Domestic and Sexual Violence*

newhouse

We are more than a domestic violence shelter.

OUR VISION

For all people to live a life free of domestic violence.

OUR MISSION

Newhouse shatters the barriers that feed the cycle of abuse and partners with survivors to achieve safety, self-sufficiency, and whole-person healing through our ecosystem of transformative services.

OUR VALUES

Survivor-Centric Innovation
Transformation + Empowerment
Zealous Collaboration
Excellence + Integrity
Belonging

Fifty-five years of transforming lives

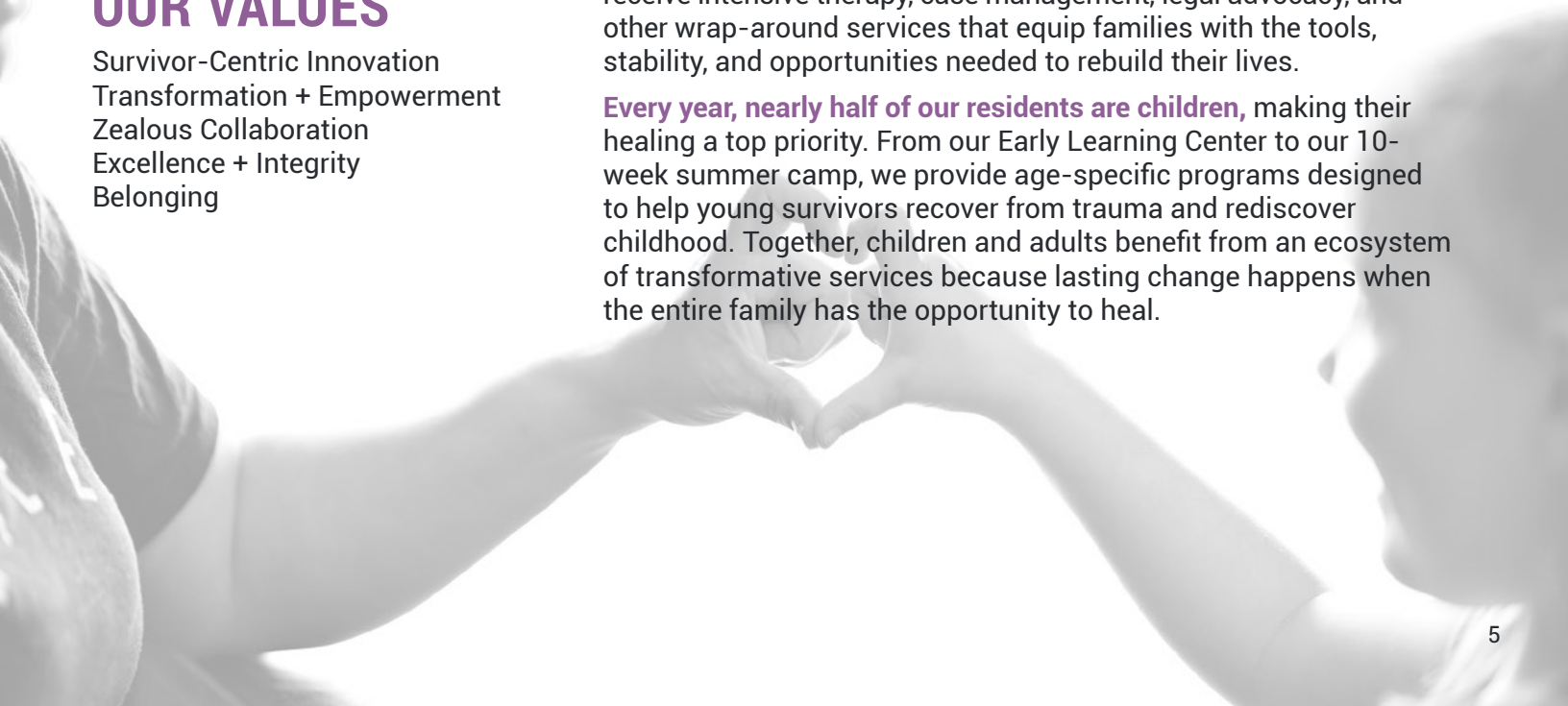
In 1971, Rev. Sharon Garfield and Dortha Mae Olsen founded Newhouse, Kansas City's first domestic violence shelter. Just as they pioneered support for survivors in our community, their legacy lives on through the innovative ways we continue helping survivors and families heal and thrive.

How is Newhouse different?

Survivors deserve more than a safe bed and their basic needs met. At Newhouse, safety is just the beginning. **We provide individualized care with no time limit**, allowing survivors to heal, rebuild, and move toward lasting independence at their own pace.

Our average length of stay is four and a half months—significantly longer than the community average. During that time, survivors receive intensive therapy, case management, legal advocacy, and other wrap-around services that equip families with the tools, stability, and opportunities needed to rebuild their lives.

Every year, nearly half of our residents are children, making their healing a top priority. From our Early Learning Center to our 10-week summer camp, we provide age-specific programs designed to help young survivors recover from trauma and rediscover childhood. Together, children and adults benefit from an ecosystem of transformative services because lasting change happens when the entire family has the opportunity to heal.



WE ARE BUILDING SYSTEMS CHANGE FROM THE GROUND UP

We are survivor-centric in everything we do. The 'foundation' of our house will always be built on helping survivors achieve *Safety + Healing*.

But we are proudly building *Systems Change* from the ground up because responding after harm occurs only manages the immediate crisis. Survivors and our community deserve more. We must break the cycle.

Through our 'walls' of *Economic Mobility + Independence* and *Education, Prevention + Intervention*, we are creating pathways to lasting stability for individuals and families. Together, they support our ultimate goal—the 'roof' of *Systems Change*. We aren't satisfied helping people navigate systems that too often fail them. We are working to transform those systems so they are more responsive, equitable, and survivor-centered... like we are at Newhouse.

Safety + Healing

We create spaces of safety and dignity where people can stabilize, heal, and reclaim their sense of self. Most importantly, we help them see and believe in possibility.

Economic Mobility + Independence

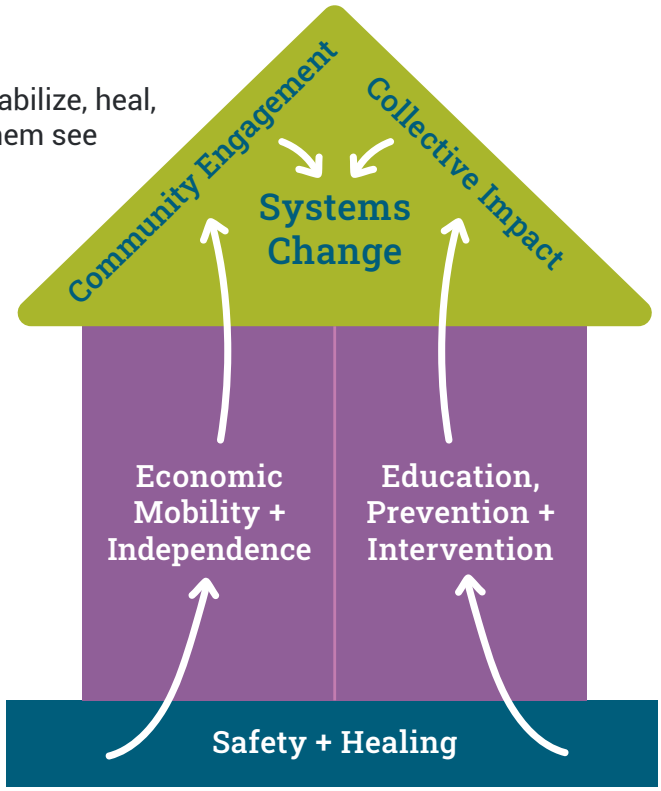
We open pathways to financial security and independence, so stability is lasting, choice is real, and futures are self-directed.

Education, Prevention + Intervention

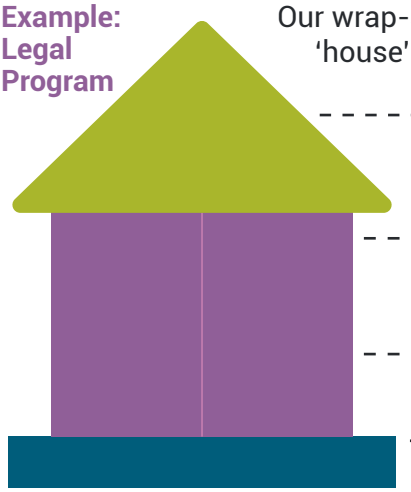
We help to equip individuals with the tools, confidence, and opportunity to change the trajectory of their lives.

Systems Change (Community Engagement + Collective Impact)

We lead community-wide change to transform the conditions that allow violence and instability to persist, building a future where safety, equity, and opportunity are the norm and not the exception.



Example: Legal Program



Our wrap-around programs and services span the entire 'house' model. For example, let's look at our **legal program**:

- **Systems Change:** Working with judges and the court system; advocating for local, state, and federal policy change
- **Education, Prevention + Intervention:** Fathers for Change program to prevent violence and strengthen families
- **Economic Mobility + Independence:** Long-term orders of protection; custody; divorce
- **Safety + Healing:** 24-hour orders of protection; emergency guidance

On the next few pages, explore our many programs and services for children and adults. Newhouse is so much more than a shelter because survivors need more than a safe space to heal.

ECOSYSTEM OF SERVICES

At Newhouse, we are so much more than a shelter. We proudly provide an ecosystem of transformative services at **NO COST** to survivors and families.

29,651
HOURS OF SERVICE
provided to survivors in 2025

HOUSING + BASIC NEEDS

We are proud to provide:

- Emergency shelter at no cost for clients, families, and pets
- Transitional housing, rapid re-housing, and long-term housing solutions
- Ongoing case management services, including connection with medical and dental services
- Emergency hotel stays when the shelter is full
- Clothing, personal hygiene items, and other basic needs
- Furniture and move-in essentials to help families make their homes complete
- Nutrition and wellness programs, including daily food services

176
RESIDENTS
lived at Newhouse

27,359
SAFE NIGHTS
provided to survivors

40
PETS
sheltered

23,179
MEALS SERVED
plus snacks

4.5
MONTHS
average length of stay

60
RESIDENTS
average monthly census

Newhouse is Jackson County's only domestic violence shelter that employees a full-time attorney who is barred in Kansas and Missouri.

LEGAL

Newhouse provides legal representation, advocacy, and counseling as clients navigate divorce, child custody, and orders of protection.

Our dedicated legal team helps survivors navigate the complex legal system and ensures survivors never have to face their abusers alone in court.

We represent clients across the Metro (in MO: Cass, Jackson, Clay, Platte Counties; and in KS: Johnson and Wyandotte Counties). Additionally, our court advocates provide support to clients in all surrounding criminal/municipal courts in Kansas and Missouri.

Every week, our legal team is present for order of protection dockets in Jackson, Clay, and Platte Counties. Newhouse also participates in wellness and drug court.

537
SURVIVORS
received legal counsel

4,760
LEGAL ADVOCACY
interactions *(Avg. interaction: 40 minutes)*

246
ORDERS OF PROTECTION
secured

HOTLINE, ADVOCACY, + CASE MANAGEMENT

Our clients are vulnerable because they have experienced crisis, trauma, and systemic barriers. We help survivors advocate for the life they deserve with:

- Our 24/7 Crisis Hotline with trained advocates to help de-escalate and safety plan
- Strengths-based case management to assess needs, set goals, and access community resources to ensure a continuum of care
- Support and resources to address social determinants of health
- Veterinary care and vaccines for survivor's pets

Crisis calls increased by **31%**

14,752
HOTLINE CALLS
answered 24/7

3,559
CASE MANAGEMENT
interactions *(Avg. interaction: 41 minutes)*

10,338
ADVOCACY
interactions

CHILDREN

In our care, kids are safe, valued, and met where they are. Our programs offer experiential learning opportunities to gain the tools to solve problems and make healthy choices. Families at Newhouse can access:

- Full-time Early Learning Center onsite for children ages six weeks to five years
- Children's Center for Education + Healing for children in grades K-12
- Summer camp and mini camps to invest in children beyond school
- Children's therapy (play, individual, family, and recreational)
- Child welfare support and services

21,846
hours of
CHILD CARE + EDUCATIONAL SUPPORT

44%
of residents were
CHILDREN

220
individuals served by our
CHILDREN'S THERAPISTS

44
kids had a blast at
SUMMER CAMP

THERAPY

Our team of therapists provide mental health services which include:

- One-on-one and group therapy using the latest modalities for children, adults, and families
- Additional mental, physical, and behavioral health support through programming partners
- Substance dependency counseling and recovery stabilization
- Recreational therapy, including music, art, gardening, movement, and more

336
SURVIVORS
received therapy

9,041
THERAPY
interactions *(Avg. interaction: 52 minutes)*

376
hours of
CRISIS INTERVENTION

"Therapy taught me how to set boundaries and LOVE myself!"

"I've learned how to advocate for myself and my child. I've learned how to use my voice to express my feelings."

-Survivors and therapy clients at Newhouse

VISION FOR THE FUTURE

Newhouse is on a mission to revolutionize accessibility, equity, and efficiency in the social services system through a community impact model.

We are building a collaborative campus that will serve as a community asset, where multiple service providers deliver life-changing support. Children and adults can access a health clinic, outreach center, youth empowerment programs, nutritious food, and more. This is more than a resource for Newhouse clients... this campus will decrease violence by addressing the root causes that feed the cycle of abuse. Together, we can do more for Kansas Citians.

Imagine a Newhouse campus where...

- Vulnerable populations in the Kansas City urban core can access multiple services in one place
- Economic mobility is accelerated, promoting self-sufficiency
- Everyone receives equitable, high-quality care

5-Year Community Impact Vision

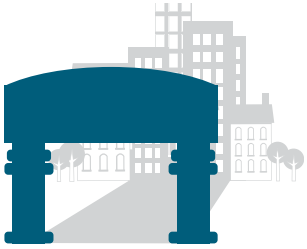
PHASE 1

SAFETY + HEALING

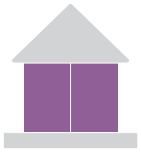
Current 40-bed expansion — Fully funded

Purchase adjacent 6-acre property — Fully funded

Timeline: Year 1



PHASE 2



ECONOMIC MOBILITY, EDUCATION, PREVENTION + INTERVENTION

Construct community outreach center to include housing — $20M

Timeline: Year 2

PHASE 3

PHASE 4

SYSTEMS CHANGE

Add more affordable housing on campus property

Timeline: Years 3-5

Add all other services (restaurant, thrift store, youth programs, medical support, etc.)

Timeline: Year 5

The estimated cost for the entire campus is ~$30-35M, which includes construction costs and operating runway for program launch.

AHAP tax credits of 55% can be used to construct an outreach center, build housing, and more. For example, **a $10M project would cost $4.5M.**

Representation of our Prevention-to-Independence Campus:

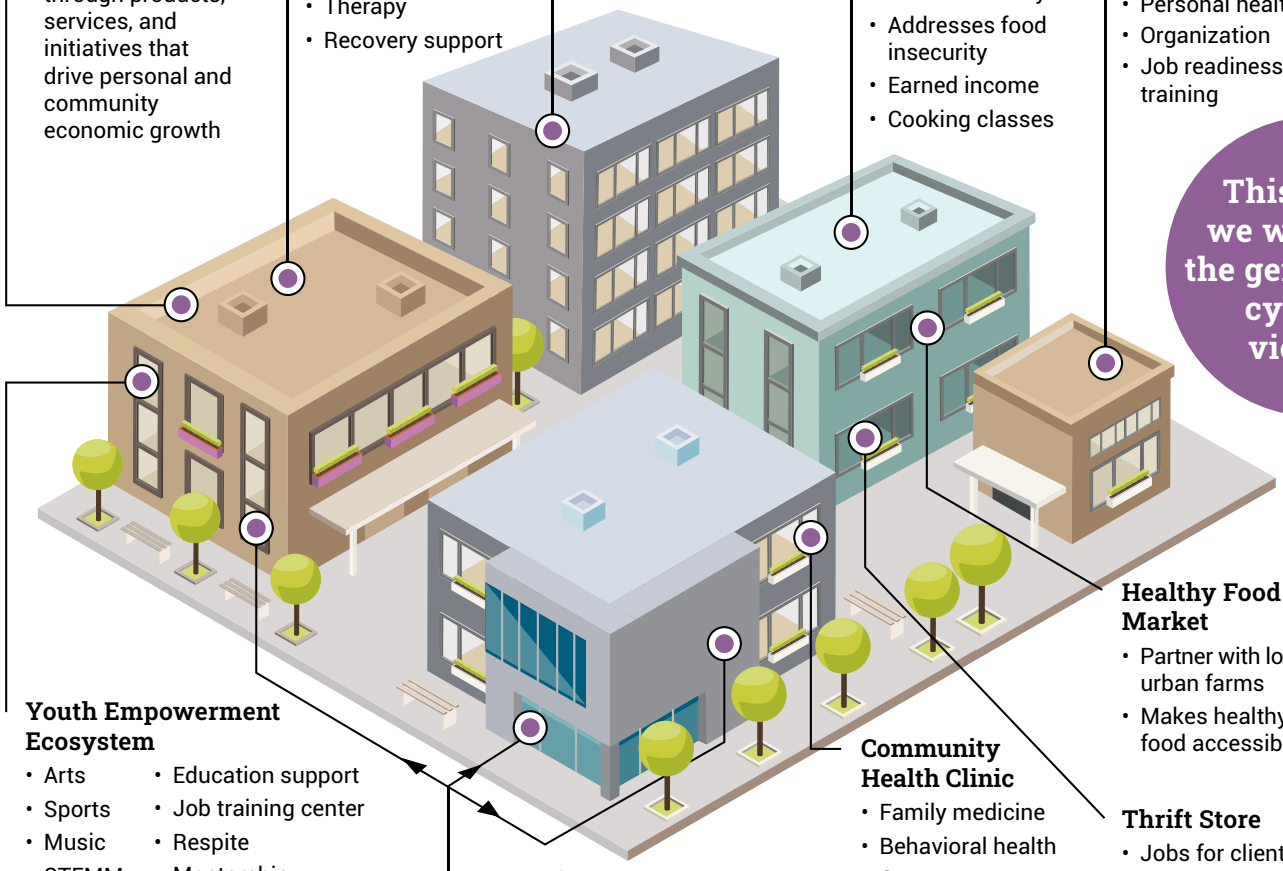
Entrepreneurs Collective
- Youth and adults earn income through products, services, and initiatives that drive personal and community economic growth

Newhouse Outreach Center
- Legal services
- Care Navigators
- Therapy
- Recovery support

Affordable Housing
- Onsite housing with true wrap-around support services

Restaurant
- Serving healthy meals to employ those in shelter and community
- Addresses food insecurity
- Earned income
- Cooking classes

Life Skills Center
- Budgeting
- Nutrition + cooking
- Cleaning
- Personal health
- Organization
- Job readiness training



This is how we will break the generational cycles of violence

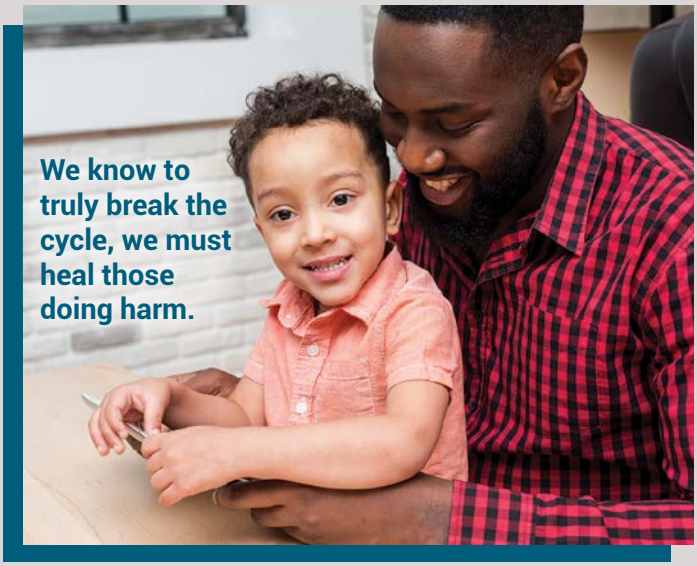
Youth Empowerment Ecosystem
- Arts
- Sports
- Music
- STEMM
- Events
- Education support
- Job training center
- Respite
- Mentorship
- Affordable childcare
- Violence prevention

Spaces for community partners to provide services

Community Health Clinic
- Family medicine
- Behavioral health
- Case management
- Community showers + laundry

Healthy Food Market
- Partner with local urban farms
- Makes healthy food accessible

Thrift Store
- Jobs for clients
- Resources for those moving into housing



FATHERS FOR CHANGE

A New Initiative

In 2026, Newhouse and the Kansas City Municipal Domestic Violence Court are piloting Fathers for Change—the first program of its kind in a U.S. Municipal Court.

Developed by Dr. Carla Stover at Yale University, this innovative, evidence-informed, research-supported program combines individual therapy, parenting support, and family-centered healing to help fathers:

- end violent and abusive behaviors
- build healthy coping skills
- improve co-parenting
- decrease negative parenting behaviors
- and increase positive parenting behaviors

WHO WE SERVE

850

survivors received transformative services in 2025

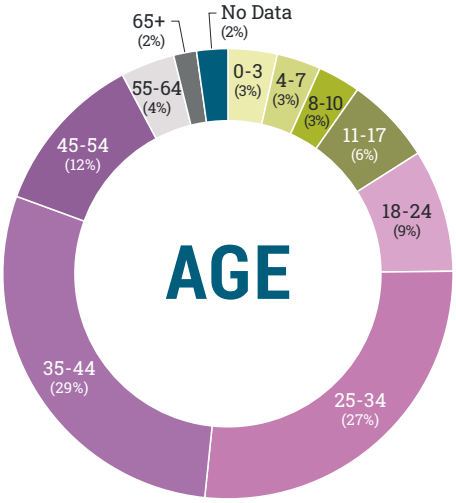
(A 166% increase since 2021)

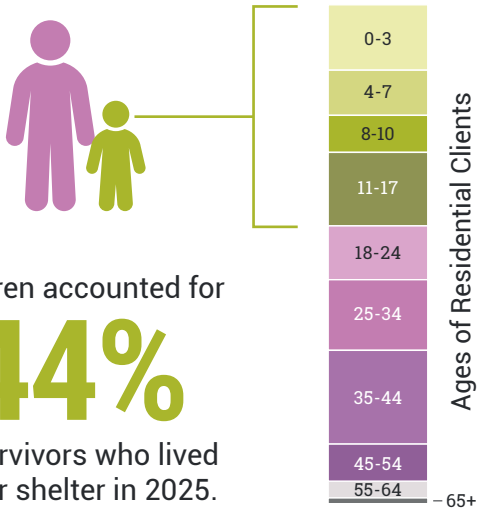
64% of Newhouse clients who provided their zip code are from Jackson County. However, we serve clients throughout the Metro and across the country.

Newhouse is the **only domestic violence shelter** in the Kansas City urban core.

85% of violent crimes prosecuted in Jackson County occur within a three-mile radius of our shelter.*

**Jackson County Prosecutor's Office*

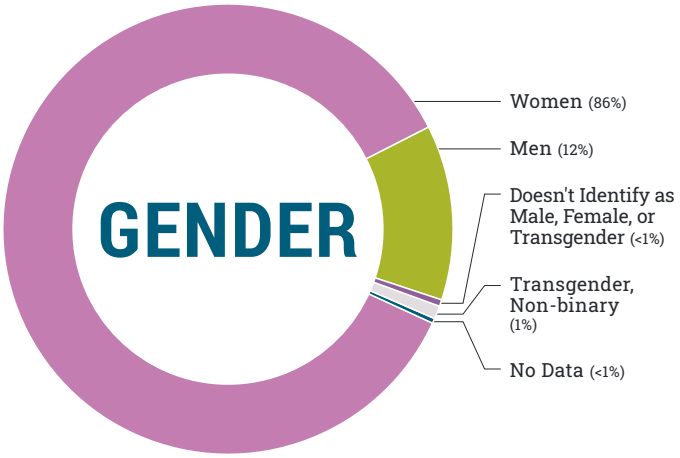


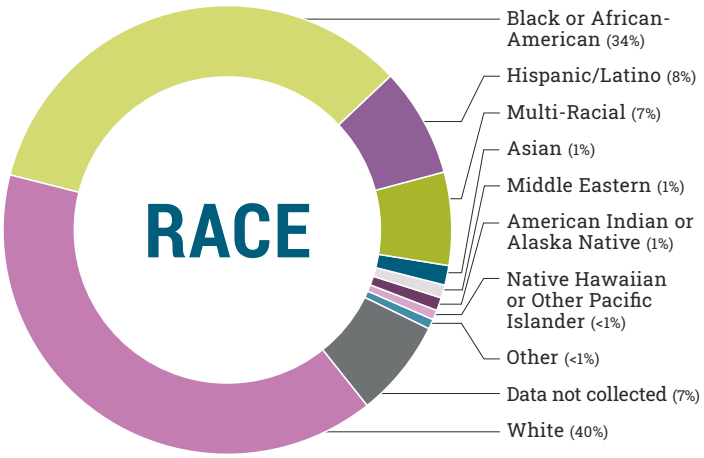


Children accounted for

44%

of survivors who lived in our shelter in 2025.





MAKING STRIDES

2025 Accomplishments

- Responded strategically and proactively to severe federal funding cuts to limit program impacts
- Expanded recovery services
- Launched new intensive outpatient group therapy model
- Implemented a new Care Navigation process to limit the number of touch points for service enrollment
- Increased bed capacity to 104 beds
- Gave 44 kids a fun, safe environment in our 10-week summer camp
- Raised record-breaking funds at the Imagine a Day Gala ($1,182,845) and Worthy Pop-up Bar ($283,067)
- Gained 1,400 new donors
- Renovated the shelter kitchen and serving line, laundry room, resident lounge, stairwells, building exterior, and more
- Hosted our first annual Recharging Healers Retreat, with 150 attendees and resounding positive reviews

Courageous Steps Forward

On the cover of this report, you'll see Newhouse therapist, Ashlie, alongside a mother and her young child whose journey reflects the hope and healing that happens every day at Newhouse.

After experiencing domestic violence, this mother came to Newhouse determined to build a safer future for herself and her toddler. Through counseling and support services, she began the difficult work of healing from trauma while creating stability for her family. Throughout her journey, her child remained her greatest source of strength and motivation.

One moment stands out as a powerful reminder of the resilience of both this mom and her child. During a therapy session with Ashlie, the toddler took their very first steps. In that same room, this mother who had been taking courageous steps in her own healing journey witnessed her child reach an important milestone.

For Ashlie, it was an unforgettable moment. For this family, it symbolized something even greater: progress, hope, and the possibility of a new beginning.

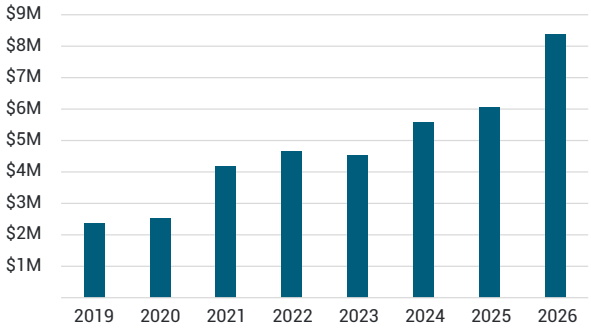
Today, that promise has become reality. The family has successfully transitioned from shelter into a home of their own. The mother is thriving in a new job, continuing to build independence and stability for her family, while remaining committed to her healing journey through ongoing therapy with Ashlie.

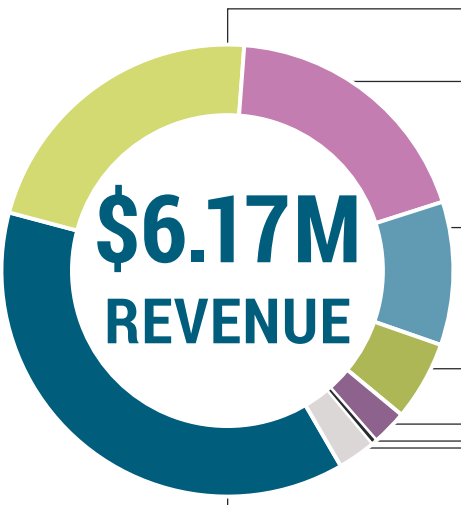
Healing from domestic violence is rarely a straight path. It is built through countless small acts of courage, one step at a time. From a child's first steps to a mother's journey toward safety, healing, and self-sufficiency, this family's story is a reminder that every step matters—and that healing is possible.

FINANCIALS

Newhouse has served survivors since 1971. Our team has worked tirelessly to grow our financial capacity and services to meet the growing demand. **We provide survivors with safety, support, and essentials at no cost**. We are grateful to the entire community who stands with us through grant funding, events, individual donations, and corporate gifts to make our mission possible.

Growth in Operating Revenue





- Event Revenue $1,362,014 (22%)
- Foundations $1,166,590 (18.9%)
- Individual Contributions $633,807 (10.3%)
- Corporate Donations $350,627 (5.7%)
- In-kind Donations $157,104 (2.5%)
- United Way $19,808 (0.3%)
- Other $170,331 (2.8%)
- Government Grants $2,316,520 (37.5%)

- Development + Fundraising $825,298 (15.6%)
- General + Administrative $218,073 (4.1%)
- Programs $4,252,637 (80.3%)

A worthy investment

Newhouse operates on the smallest budget of any domestic violence shelter in Jackson County, and yet we provide the highest available bed count in Kansas City.

Investing in Newhouse means your gift goes straight to the front lines to support survivors who need us today, and in the days to come.

Charity Navigator FOUR-STAR

Platinum Transparency 2025 Candid.

BBB ACCREDITED CHARITY

GET INVOLVED

Donate lifesaving funds

Every single dollar makes a difference! Make a gift at newhousekc.org/donate.

Attention Missouri residents: Any gift of $100 or more qualifies for a 70% Missouri Domestic Violence Shelter Tax Credit. For instance, a $100 donation could be just $17-21 net out-of-pocket. For more information, visit newhousekc.org/tax.

Volunteer

We are always looking for individual and group volunteers to help with a variety of projects at Newhouse. Sign up at newhousekc.org/volunteer.

634 VOLUNTEERS
gave approximately 7,600 hours of their time to support survivors in 2025

Attend an event

Join us at one of our annual events—the Worthy Pop-up Bar, Recharging Healers Retreat, or the Imagine a Day Gala—for unforgettable experiences that support survivors.

Donate high-need items

Donate via our Amazon Wish List or bring in-kind items to the shelter. Learn more at newhousekc.org/inkind.

Shop Newhouse merch

Spread messages of worthiness in Newhouse gear! Shop at newhousekc.org/merch.

Take a tour

Discover how Newhouse is so much more than a shelter, and see first-hand how your support makes a positive impact.

We are honored to be supported by so many in our Kansas City community and beyond.

Some of our key funding partners are: Children's Services Fund of Jackson County, Community Mental Health Fund, Fred & Jami Pryor Foundation, Hall Family Foundation, Health Forward Foundation, William G. McGowan Charitable Fund, Mullinix Family Foundation, NASB, Oppenstein Brother's Foundation, Sherman Family Foundation, Sunderland Foundation, United Way of Greater Kansas City, William T. Kemper Foundation, and many more.

Some of our community partners are: Child Protection Center, Central Bank of Kansas City, Down Syndrome Innovations, Full Employment Council, Giving Hope & Help, Goodwill, Great Jobs KC, The HALO Foundation, Mazuma Credit Union, Samuel U. Rodgers Health Center, Swope Health, University Health, The Urban League of Greater Kansas City, and many more.

2026 Newhouse Board of Directors

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Board Chair
KC Market President, Emprise Bank

DJ Pierre
Immediate Past Chair
Of Counsel, Shaffer Lombardo Shurin

Jeanette Jayne
Vice Chair
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Assistant United States Attorney, Department of Justice

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Community Leader

Dr. Kathy Gaumer
Owner and Medical Director, Regain Functional Medicine and Aesthetics

Greg Hart
Chief Technology Officer, Washington University in St. Louis

Sgt. Johnita Harris
Supervisor, Kansas City Police Department

Jennifer Keller
Associate Chief Operating Officer Behavioral Health, University Health

Nate Keller
Deputy General Counsel, UMB

Tondee Lutterman
National Sector Leader – Nonprofit, Education & Public Sector, Forvis Mazars

Myron McCant
President and CEO, MacPen Enterprises and Vice President and Co-Owner, KD Academy

Daron Sinkler
Senior Vice President of Commercial Sales, Galileo

If you or someone you know is experiencing domestic violence, we are here to support you.

newhousekc.org

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